

The Orange County Department of Education Health & Wellness Program

OVER THE COUNTER PRODUCTS APPROVED FOR SCHOOL DISTRICT FIRST AID

The Ad Hoc Medication Committee, comprised of members from the Orange County Department of Education Coordinating School Nurses, developed a listing of over-the-counter products for use as first aid supplies in the Health Office, Child Care Program, First Aid Kits, and related school Health Services. The committee's recommendations were approved by the Orange County Chapter of the American Academy of Pediatrics, School Health Committee.

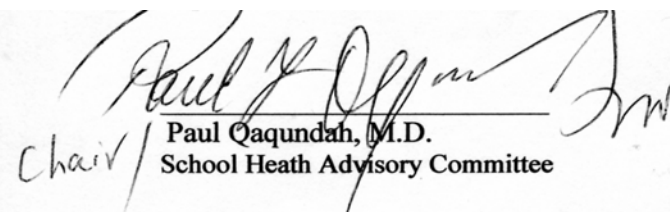
The following information describes appropriate utilization.

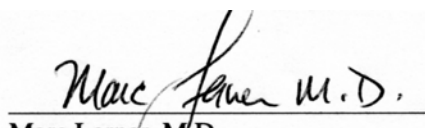
A. SUPPLIED BY SCHOOL DISTRICT..... Over The Counter Products Which Schools May Use For First Aid Without Parent And/Or Physician Authorization

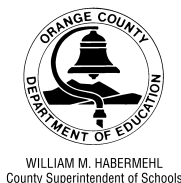
1. Schools may use specific over-the-counter products for first aid according to the approved listing and step-by-step directions.
2. The School Nurse is responsible for training designated school personnel in the correct usage of these products and serves as the consultant regarding product information and related first aid questions or concerns.

B. SUPPLIED BY PARENT..... Over The Counter Products Which Parents May Supply For First Aid Use Without Physician Authorization

1. Parents may supply specific over-the-counter products on an as needed basis, for use by school personnel according to the approved listing and step-by-step directions.
2. Written authorization on the parent request form is required and may be renewed annually as needed.
3. The School Nurse is responsible for training designated school personnel in the correct usage of these products and serves as the consultant regarding product information and related first aid questions or concerns.


Chair / Paul Qaundah, M.D.
School Health Advisory Committee


Marc Lerner, M.D.,
American Academy of Pediatrics,
California Chapter 4



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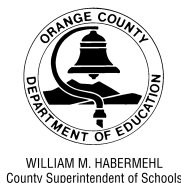
The following products and directions for use in schools, are authorized and approved by the Orange County Chapter of the American Academy of Pediatrics, School Health Committee. The School Nurse is the consultant regarding product use, information and related first aid questions or concerns.

SUPPLIED BY SCHOOL DISTRICT

OVER THE COUNTER PRODUCTS* WHICH SCHOOLS MAY USE FOR FIRST AID WITHOUT PARENT AND/OR PHYSICIAN AUTHORIZATION

***For Use by Trained School Personnel**

Name Of Product	Directions For Use In Health Office, Child Care Program, First Aid Kits, And Related School Health Services
1. Alcohol, Isopropyl	<ul style="list-style-type: none"> • Clean irritated or infected pierced ear sites (or other pierced body sites). • Apply to insect stings for soothing effect and/or relief of itching. • Disinfect telephone mouth pieces and similar surfaces. • Clean injection sites.
2. Antibacterial Soaps (such as Phisoderm, Viones, Purell, etc)	<ul style="list-style-type: none"> • Use for cleaning wounds (rinse w/water after each cleansing). • Use for hand washing.
3. Baking Soda	<ul style="list-style-type: none"> • Apply a “paste” made of Baking Soda and water to insect stings for soothing effect and/or relief of itching. • Apply “paste” to minor sunburn for relief of discomfort.
4. Dental Wax	<ul style="list-style-type: none"> • Have student apply to orthodontia bracing to relieve oral irritation.
5. Eye Wash (such as Dacriose, etc. for eye irrigation)	<ul style="list-style-type: none"> • Squeeze gently (avoid touching eye with squeeze tip) to flush foreign body from eye, or for relief of discomfort. (Flushing is from inner to outer eye, with positioning to prevent contamination of unaffected eye.)
6. Glucose Gel (Insta-Glucose, 1/2 tube -or- 1 packet of Monogel or Glutose)	<ul style="list-style-type: none"> • Use as first aid (according to standardized procedure for Diabetes Management) when there is no Individualized Healthcare Plan for a Diabetic with signs of low blood sugar or when a Diabetic’s supply kit is out of fast acting carbohydrate.
7. Hand Lotion (Hypo-allergenic)	<ul style="list-style-type: none"> • Apply to hands to prevent or minimize chafing. • Use as lubricant to assist in removal of tight rings.



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OVER THE COUNTER PRODUCTS *(For Use by Trained School Personnel)* **Which Schools May Use For First Aid Without Parent And/Or Physician Authorization**

Name Of Product	Directions For Use In Health Office, Child Care Program, First Aid Kits, And Related School Health Services
8. Liquid Soap	<ul style="list-style-type: none"> • Use for hand washing.
9. Meat Tenderizer (must contain Papain)	<ul style="list-style-type: none"> • Apply to insect sting site for soothing effect and/or relief of discomfort.
10. Mouth to Mouth Rescue Shield with 1 way valve	<ul style="list-style-type: none"> • Use as barrier against blood and body fluids during Rescue Breathing and CPR.
11. Petroleum Jelly in Tube	<ul style="list-style-type: none"> • Use gauze pad as an applicator for applying to lips as a lubricant. • Use as a lubricant to assist in removing tight rings. Note: Do <u>not</u> use petroleum jelly or similar products on burns.
12. Salt	<ul style="list-style-type: none"> • Use (mixed with water) as a gargle for sore throats. • Use (mixed with water) as a mouth rinse for discomfort due to recent tooth loss or orthodontia treatment.
13. Sting Ease Or Similar Product	<ul style="list-style-type: none"> • Apply per label directions to insect sting site for soothing effect and/or relief of discomfort.
14. Hydrogen Peroxide (3%)	<ul style="list-style-type: none"> • Use as antiseptic to prevent infection of minor cuts, scrapes, and burns. • Apply topically to site. • Mix with an equal amount of water to use as an oral rinse for children 2 years of age and older.
15. Bacitracin Ointment	<ul style="list-style-type: none"> • Use to prevent infection of minor cuts, scrapes, and burns. • Apply small amount 1-3 times daily.



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WILLIAM H. BARNHILL
County Superintendent of Schools

**PARENT REQUEST FOR SCHOOL USE OF FIRST AID PRODUCTS SUPPLIED BY PARENT
WITHOUT PHYSICIAN AUTHORIZATION**

Student's Name: _____ **Birthdate:** _____ **Grade** _____
Rm.#: _____

PARENT REQUEST		
<p>I request that first aid products, as initialed in the list below, be administered to my child. This includes my agreement/understanding that:</p> <ol style="list-style-type: none"> 1. These products are approved by me for first aid use at school. I will supply the products initialed below for my child, and this authorization is effective for this school year and must be renewed annually. 2. Designated personnel will administer first aid use of these products per directions specified below. 3. The qualified School Nurse is the consultant to designated personnel regarding information about product use and related first aid questions or concerns. <p>Parent Signature _____ Date _____</p>		
Products Authorized (Initialed)	NAME OF PRODUCT	DIRECTIONS FOR USE IN HEALTH OFFICE, CHILD CARE PROGRAM, FIRST AID KITS, AND RELATED SCHOOL HEALTH SERVICES
	Baby Powder	<ul style="list-style-type: none"> Apply to perineum when diapering (after cleansing perineum) to prevent or minimize chafing.
	Contact Lens Solution	<ul style="list-style-type: none"> Have student use for cleaning and lubricating contact lenses.
	Diapering Ointment or Cream such as A & D, Desitin, etc.	<ul style="list-style-type: none"> Apply to perineum when diapering (after cleansing perineum) to prevent or minimize chafing.
	Diapering Wipes	<ul style="list-style-type: none"> Use to cleanse perineum when diapering or during toileting assistance. Have student use for the same purpose if able to participate in self care.
	Non-Medicated Lip Balm (Carmex, Blistex, Vaseline, etc.)	<ul style="list-style-type: none"> Have student apply to lips as a lubricant for relief of cold sore discomfort.
	Perineal Wash (such as Periwash, etc.)	<ul style="list-style-type: none"> Use to cleanse perineum when diapering or during toileting assistance. Have student use for the same purpose if able to participate in self care.
	Suntan or Sun-Block Lotion	<ul style="list-style-type: none"> Apply to exposed skin to minimize or prevent sunburn. Avoid application close to eyes/eyelids to prevent contact with sensitive tissue.



WILLIAM M. HABERMEHL
County Superintendent of Schools

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PARENT REQUEST FOR SCHOOL USE OF FIRST AID PRODUCTS SUPPLIED BY PARENT WITHOUT PHYSICIAN AUTHORIZATION CONTINUED....

PARENT REQUEST	
Throat Lozenges (Non-Medicated, but Menthol OK) Or Hard Candy	<ul style="list-style-type: none">• Use for relief of throat irritation.
Topical Anesthetic (such as Orajel, Numzit, Ambesol)	<ul style="list-style-type: none">• Apply to gums to minimize or soothe teething discomfort.